

# PRODUCT DATA SHEET

## COPPER PICOLINATE

### DESCRIPTION

Dietary Supplement

### Copper Picolinate

#### Supplement Facts

<b>Serving Size: One Capsule</b>	<b>Servings Per Container: 60</b>
Each Capsule Contains:	<b>% DV</b>
Copper (as Copper Picolinate)	2 mg. 100%
Daily Value (DV)	

Other Ingredients: Hypromellose (derived from cellulose) capsule, Leucine,<sup>†</sup> Silicon Dioxide.<sup>†</sup>

<sup>†</sup>A hypoallergenic ingredient used to fill space.

### M257 / 60 Vegetarian Capsules

### EXCIPIENT FREE

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose, palmitic acid, or magnesium, calcium, or vegetable stearates.

### HOW SUPPLIED

Copper Picolinate is supplied in bottles of 60 two-piece vegetarian capsules. Packed 12 bottles per case.

### CONTRAINDICATIONS AND WARNINGS

Copper is contraindicated in Wilson's disease. (High intakes of molybdenum and zinc are antagonistic to copper accumulation.)

This product is contraindicated in a patient with a history of hypersensitivity to any of its ingredients.

### INTERACTIONS

NSAIDS, penicillamine, and chronic corticosteroid intake can cause copper deficiency.

### PREGNANCY WARNING

Pregnant women are particularly sensitive to large doses of copper (>10 mg), which can interfere with zinc absorption and induce a zinc deficiency. (Copper facilitates the mobilization of iron from the liver and thereby a copper deficiency can result in microcytic anemia.)

A patient who is pregnant or nursing, or may become pregnant, should consult a health-care practitioner before using this product.

### DOSAGE

Adult patients: 1 capsule one to three times daily, or as otherwise directed by a health-care practitioner.

### STORAGE

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

### MANUFACTURED BY

Thorne Research, Inc.  
Dover, Idaho USA 83825  
800-228-1966  
208-265-2488 fax  
info@thorne.com  
www.thorne.com

*While some companies say  
they are raising their standards  
... at Thorne, we set them.<sup>™</sup>*



*the Original Specialists  
in Pure Encapsulations<sup>™</sup>*

EMAIL: info@thorne.com WEBSITE: www.thorne.com  
TOLL FREE: (800)228-1966 TOLL-FREE FAX: (800)747-1950  
P.O. BOX 25, DOVER, IDAHO, 83825

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

© 2009 Thorne Research, Inc. All rights reserved.